



THE DUMBBELL MAN FITNESS EQUIPMENT

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FOR IMMEDIATE RELEASE

SOLERA AT OAK VALLEY GREENS UPGRADES

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– The Dumbbell Man Fitness Equipment (TDM) recently installed new Cybex Arc Trainers at Solera Oak Valley Greens, a 332 acre active adult community. In addition to the fitness center the clubhouse features multi-purpose and activity rooms, billiards, an outdoor swimming pool and spa, tennis courts and bocce courts.



“The residents really like using the new Cybex machines. The response has been extremely positive,” stated Sandy Bess of Professional Community Management. The Total Body Arc Trainers feature extended hand rails, easy rear access and low start up resistance specifically chosen to meet the needs of the community.

The 6,000 square foot fitness center was original designed and supplied by TDM. It opened in 2005. In addition to the new cross trainers, The Dumbbell Man provides preventive maintenance service at the facility.

The Dumbbell Man is a leading provider of commercial exercise equipment in California and Nevada. Understanding the diverse needs of customers has led to successful business relationships for over 20 years. For more information, please visit the company’s web site at www.dumbbellman.com.