



THE DUMBBELL MAN FITNESS EQUIPMENT

Contact: Michael Garvey, President
655 Hawaii Ave., Torrance, CA 90503
Ph: (310) 381-2900 | Fax: (310) 381-2906

FOR IMMEDIATE RELEASE

THE MEDICI FITNESS CENTER UPGRADE

Los Angeles, Ca. January 1, 2009 – The Medici Luxury Apartments in downtown Los Angeles recently upgraded the two fitness centers at the 658 unit complex.

The Dumbbell Man Fitness Equipment (TDM) supplied the new machines as part of a \$250,000 upgrade for owner G.H. Palmer Associates. Sam Maus, Director of Construction stated; “The Dumbbell Man has proven to be an excellent business partner. We are extremely proud of the fitness center amenity at all of our properties.”



The remodel is the 25th fitness center project for TDM with G.H. Palmer. Currently four new downtown locations are planned for 2009-2012.

The Dumbbell Man is a leading provider of commercial exercise equipment in California and Nevada. Understanding the diverse needs of customers has led to successful business relationships for over 20 years. For more information, please visit the company's web site at www.dumbbellman.com.