



THE DUMBBELL MAN FITNESS EQUIPMENT

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FOR IMMEDIATE RELEASE

LOS ANGELES FIRE STATION UPGRADES WITH CYBEX

LOS ANGELES, CA. JULY 1, 2010 – LAFD Station #49 recently upgraded their station house exercise area with a new Cybex Arc Trainer. The station is located in the Wilmington section of Los Angeles and serves the needs of the community with an engine and the Port of Los Angeles with two fire boats.



The Dumbbell Man Fitness Equipment worked with station personnel to match the Cybex Machines to specific training needs. In addition to the Arc Trainer, the station received a new 750T treadmill, kettle bells and a variety of cross fit training accessories.

The Dumbbell Man is a leading provider of commercial exercise equipment in California and Nevada. Understanding the diverse needs of customers has led to successful business relationships for over 20 years. For more information, please visit the company's web site at www.dumbbellman.com.