



THE DUMBBELL MAN FITNESS EQUIPMENT

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FOR IMMEDIATE RELEASE

BODY ONE FITNESS OPENS

REDONDO BEACH, CA.
FEBRUARY 20, 2010 – Body One Fitness has opened in Redondo Beach featuring cross fitness programs for the individual or group. Body One offers training for the fitness novice to elite athletes in a unique exercise environment.

The Dumbbell Man Fitness Equipment supplied Cybex

strength and cardiovascular equipment for the new 2000 square foot facility. Owner Lou Sidella stated, “The Dumbbell Man supplied quality equipment and provided outstanding service. Like Body One Fitness, they are also committed to supporting charities and the local community.”

The Dumbbell Man is a leading provider of commercial exercise equipment in California and Nevada. Understanding the diverse needs of customers has led to successful business relationships for over 20 years. For more information, please visit the company’s web site at www.dumbbellman.com.

