



THE DUMBBELL MAN FITNESS EQUIPMENT

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FOR IMMEDIATE RELEASE

DUMBBELL MAN HELPS FEMALE ATHLETES

MANHATTAN BEACH, CA, FEBRUARY 1, 2010 – Members of Team Dumbbell Man assisted the Mira Costa High School Girl's Athletic program with the opening of their new fitness center. The remodeled 1500 square foot facility will be used exclusively for girl's athletics.

The Dumbbell Man Fitness (TDM) equipment donated equipment, accessories and support service to ready the

room in time for the spring athletic season. Tim Cooper, Head Athletic Trainer stated, "The Dumbbell Man made the push to get the room ready and really helped us out. MCHS is thankful for their continued support of our sports programs."

The Dumbbell Man is a leading provider of commercial exercise equipment in California and Nevada. Understanding the diverse needs of customers has led to successful business relationships for over 20 years. For more information, please visit the company's web site at www.dumbbellman.com.



Mike Foster, Tim Cooper and members of MCHS Girl's Athletics.